



# CHEurope Joint Research Seminar

Doing Comparative Research in Critical Heritage Studies

University Institute of Lisbon

4<sup>th</sup> – 6<sup>th</sup> December 2019

**CHEurope**  
critical heritage studies and the future of europe

**ISCTE IUL**  
Instituto Universitário de Lisboa



# Introduction

## CHEurope's 6<sup>th</sup> Joint Research Seminar

The JRS-Lisbon team would like to welcome you to our 6<sup>th</sup> Joint Research Seminar. This seminar will be the last as CHEurope-group, and the last event bringing all of us together before the project's final conference scheduled for autumn 2020.

In this last JRS, the programme will focus on doing comparative research in the critical heritage studies discipline, and the role of heritage in the future of Europe. Four established scholars will join the group: Barbara Kirshenblatt-Gimblett, Chiara Bortolotto, Paula Mota Santos, and Valdimar Hafstein. They will share their ideas and experiences on these topics during seminars and workshops with the ESR's, and public lectures in the evening. You will find an abstract of their sessions and a biography at the end of this document.

In addition to the contributions of external scholars, a main part of the JRS will focus on our own work. A number of sessions have been planned on the Wednesday in which we will all share a piece of our written work with people from our work package and other participants, with the aim to receive feedback from both our peers and the work package's supervisors. Thereby, a supervisor from the same work package will review their work prior to the JRS, so each of us will receive an in-depth critique on our work from someone other than their own supervisor.

As the last seminar of the CHEurope, and with many of the projects of the ESR's moving towards their last phase, we will also look at what is ahead. Therefore, the JRS will conclude with a session on career development by Rodney Harrison and Esther Breithoff.

Practical information about the city, transport to and from the airport, and maps from the university campus can be found towards the end of this document.

We hope you will enjoy both the formal part of the program, and the city of Lisbon, famous for its bacalhau, trams, Fado, pastiche, and impressive architectural style.



# Detailed program

## Wednesday December 4<sup>th</sup>

### 10.00 – 10.30

Reception and Welcome  
Professors Nélia Dias and Rodney Harrison

Location: Sala C4.01, 4<sup>th</sup> floor. Building II (Edifício II)

### 10.30 – 11.30

Parallel Session 1

Work Package	WP 1 and WP 4	WP 2	WP 3	WP 5
Presenter	Janna oud Ammerveld	Vittoria Caradonna	William Illsley	Marcia Lika Hattoria
Reviewer	Valdimar Hafstein	Nélia Dias	Alfredo González-Ruibal	Rodney Harrison
Title Paper	Climate change, heritage, climate change and heritage: a literature review	‘From today and around the corner’: positioning the Tropenmuseum in current geographies of memory/belonging	The Digital City: The Politics and the Self	Undressing corpses- An archaeological perspective of the state violence
Location	Auditório Caiano Pereira ONE02	Auditório Paquete de Oliveira ONE01	Auditório Caiano Pereira ONE02	Auditório Paquete de Oliveira ONE01

**11.30 – 12.00**

Break

Location: Atrium, 1<sup>st</sup> floor. Building II (Edifício II).

**12.00 – 13.00**

Parallel Session 2

Work Package	WP 1 and WP 4	WP 2	WP 3	WP 5
<b>Presenter</b>	Marcela Jaramillo	Moniek Driesse	Hannah Smyth	Anne Beeksmas
<b>Reviewer</b>	Chiara Bortolotto	Liesbeth Huybrechts	Robin Boast	Maria Pia Guermandi
<b>Title Paper</b>	Beyond the 'AHD' boundaries - Food practices of Syrian refugees in Portugal	Reconnecting the Dots — Walking the Lines of Multiple Epistemologies	Case Study: Military Service Pension Collection (1916-1923), Military Archives of Ireland	Case study chapter: Verhalenhuis Belvedere, centre for intangible heritage: its business plan, way of involving volunteers and the forms of heritage involved
<b>Location</b>	Auditório Caiano Pereira ONE02	Auditório Paquete de Oliveira ONE01	Auditório Caiano Pereira ONE02	Auditório Paquete de Oliveira ONE01

**13.00 – 14.30**

Lunch

Location: At the lobby in front of the auditorium B 103, 1st floor. Building II (Edifício II).

**14.30 – 15.30**

Parallel Session 3

Work Package	WP 1 and WP 4	WP 2	WP 3	WP 5
<b>Presenter</b>	Katie O'Donoghue	Lukasz Bugalski	Nevena Markovic	Nermin el-sherif
<b>Reviewer</b>	Cristina Sánchez-Carretero (Skype)	Paula Mota Santos	Barbara Kirshenblatt-Gimblett	Felipe Criado Boado
<b>Title Paper</b>	Does engagement with heritage and material object-based activities enhance wellbeing in people with chronic illness?	The valorization of historic city centers touristification stage - The new method of The short-term rental market data comparative evaluation	"The State of Practice" of Emotional Cartographies: Representation, Mapping Process and Semantics.	Researching memory works in Egyptian online spheres
<b>Location</b>	Auditório Caiano Pereira ONE02	Auditório Paquete de Oliveira ONE01	Auditório Caiano Pereira ONE02	Auditório Paquete de Oliveira ONE01

**15.30 – 16.00**

Break

Location: Atrium, 1st floor. Building II (Edifício II)

**16.00 – 17.00**

Parallel session 4

Work Package	WP 1 + 4	WP 2	WP 3
<b>Presenter</b>	Khaled Elsamman Ahmed	Mela Zuljevic	Carlotta Capurro
<b>Reviewer</b>	Anne Lanceley	Ingrid Holmberg	César Parcero-Oubiña
<b>Title paper</b>	Introductory chapter of the research 'Art, heritage and wellbeing'	Designing the Past: A design research addressing the uses of industrial past and heritage in spatial development	Digital Heritage in Europe: Europeana and the genesis of the European digital cultural policy
<b>Location</b>	Auditório Caiano Pereira ONE02	By e-mail	Auditório Caiano Pereira ONE02

**18.00**

Public Lecture:

*Museums as agents of transformation*

Prof. Barbara Kirshenblatt-Gimblett

Location: Auditório B2.03, 2<sup>nd</sup> floor. Building II (Edifício II)

**20.00** Transfer to the Restaurant

**20.30** Dinner at A Travessa do Fado (Museu do Fado) Restaurant

## Thursday December 5<sup>th</sup>

### 10.00 – 11.30

Supervisor's meeting  
ESR's meeting

Location: Sala C2.01, 2<sup>nd</sup> floor. Building II  
(Edifício II)  
Location: Sala C2.02, 2<sup>nd</sup> floor. Building II  
(Edifício II)

### 11.30 – 12.00

Break

Location: Atrium, 1st floor. Building II  
(Edifício II)

### 12.00 – 13.30

Plenary session

Location: Sala C2.01, 2<sup>nd</sup> floor. Building II  
(Edifício II)

### 13.30 – 15.00

Lunch

Location: Atrium, 1st floor. Building II  
(Edifício II)

### 15.00 – 16.00

Group discussion:  
*Research and expertise in the era of heritage  
decolonization: facilitation, advocacy and  
agnosticism*  
Prof. Chiara Bortolotto

Location: Sala C2.02, 2<sup>nd</sup> floor.  
Building II (Edifício II)

### 16.00 – 16.30

Break

Location: Atrium, 1st floor. Building II  
(Edifício II)

### 16.30 – 17.30

Group discussion:  
*'First-places' - an exercise on the metaphysics of  
heritage*  
Prof. Paula Mota Santos.

Location: Sala C2.02, 2<sup>nd</sup> floor.  
Building II (Edifício II)

**18.00**

Public Lecture:  
*Cultural Heritage vs. Cultural Property: Contrasting  
Regimes and Rationalities*  
Prof. Valdimar Hafstein

Location: Auditório B2.03, 2<sup>nd</sup> floor.  
Building II (Edifício II)

**20.00**

Open dinner. Entrecopos Restaurant

**Friday December 6<sup>th</sup>****10.00 – 13.00**

*Workshop: Exhibition*  
Prof. Nuno Coelho

Location: Auditório C1.04, 1st  
floor, Building II (Edifício II).

**13.00 – 14.30**

Lunch

Sala B1.02, 1st floor, Building 2

**14.30 – 16.00**

*Career development*  
Professors Rodney Harrison and Esther Breithoff

Location: Sala C3.01, 3<sup>rd</sup> floor,  
Building II (Edifício II).

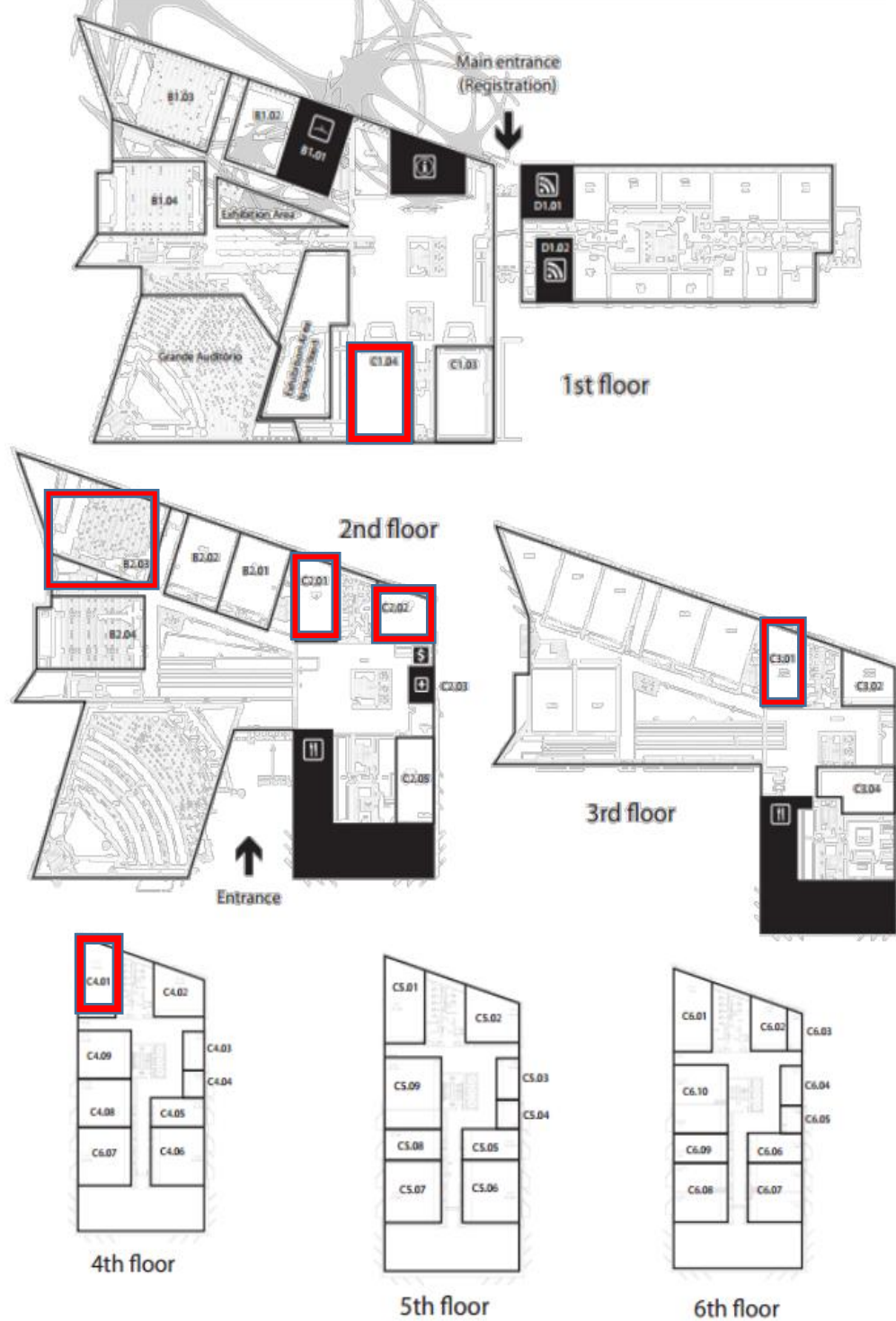
**16.00**

End



# Map of the Classrooms

## MAPA DO EDIFÍCIO II | BUILDING II MAP



## Parallel sessions:

	ESR	Supervisor	Title	Assigned Reviewer
<b>WP 1</b>				
	Marcela Jaramillo	Nélia Dias	Beyond the 'AHD' boundaries - Food practices of Syrian refugees in Portugal	Chiara Bortolotto
	Janna oud Ammerveld	Rodney Harrison and Dean Sully	Climate change, heritage, climate change and heritage: a literature review	Valdimar Hafstein
<b>WP 2</b>				
	Moniek Driesse	Ingrid Martins Holmberg and Henric Benesch	Reconnecting the Dots — Walking the Lines of Multiple Epistemologies	Liesbeth Huybrechts
	Mela Zuljevic	Liesbeth Huybrechts and Koenraad Van Cleempoel	Designing the Past: A design research addressing the uses of industrial past and heritage in spatial development	Ingrid Holmberg
	Lukasz Bugalski	Maria Pia Guermandi	The valorization of historic city centers touristification stage. The new method of the short-term rental market data comparative evaluation	Paula Mota Santos
	Vittoria Caradonna	Rob Van der Laarse and Chiara De Cesari	'From today and around the corner': positioning the Tropenmuseum in current geographies of memory/belonging	Nélia Dias
<b>WP3</b>				
	Nevena Markovic	César Parcero-Oubiña and Cristina Sánchez-Carretero	"The State of Practice" of Emotional Cartographies: Representation, Mapping Process and Semantics.	Barbara Kirshenblatt-Gimblett
	Hannah Smyth	Andrew Flinn and Julianne Nyhan	Case Study: Military Service Pension Collection (1916-1923), Military Archives of Ireland	Robin Boast

	William Illsley	Mats Malm, Cecilia Lindhé and Jonathan Westin	A City Within the Museum: Digitally encountering the 17th century city of Gothenburg	Alfredo González-Ruibal
	Carlotta Capurro	Jaap Verheul, Gertjan Plets and Leen Dorsman	Digital Heritage in Europe: Europeana and the genesis of the European digital cultural policy	César Parcero-Oubiña
<b>WP 4</b>				
	Katie O'Donoghue	Beverley Butler Anne Lanceley	Does engagement with heritage and material object-based activities enhance wellbeing in people with chronic illness	Cristina Sánchez-Carretero (Skype)
	Khaled Elsamman Ahmed	Ola Sigurdson	Introductory chapter of the research 'Art, heritage and wellbeing'	Anne Lanceley
<b>WP 5</b>				
	Anne Beeksmā	Cristina Sánchez-Carretero	Case study chapter: Verhalenhuis Belvedere, centre for intangible heritage: its business plan, way of involving volunteers and the forms of heritage involved	Maria Pia Guermandi
	Marcia Lika Hattoria	Alfredo González-Ruibal	Undressing corpses- An archaeological perspective of the state violence	Rodney Harrison
	Nermin el-sherif	Robin Boast and Chiara De Cesari	Researching memory works in Egyptian online spheres	Felipe Criado Boado

## Schedule:

Hour	December 4th	Hour	December 5th	Hour	December 6th
	Wednesday		Thursday		Friday
10:00 AM	Reception and Welcome Professors Nélia Dias and Rodney Harrison	10:00 AM	Supervisor’s meeting Researcher’s council	10:00 AM	Workshop: Exhibition Prof. Nuno Coelho
10:30 AM	Parallel session 1				
11:30 AM	Break				
12:00 PM	Parallel session 2				
1:00 PM	Lunch	1:30 PM	Lunch	1:00 PM	Lunch
2:30 PM	Parallel session 3	3:00 PM	Group discussion: Research and expertise in the era of heritage decolonization: facilitation, advocacy and agnosticism Prof. Chiara Bortolotto	2:30 PM	Career development. Prof. Rodney Harrison and Esther Breithoff
3:30 PM	Break	4:00 PM	Break	4:00 PM	End
4:00 PM	Parallel session 4	4:30 PM	Group discussion: ‘First-places’ -an exercise on the metaphysics of heritage Prof. Paula Mota Santos.		
6:00 PM	Public Lecture: Museums as agents of transformation Prof. Barbara Kirshenblatt-Gimblett	6:00 PM	Public Lecture: Cultural Heritage vs. Cultural Property: Contrasting Regimes and Rationalities Prof. Valdimar Hafstein		
8:00 PM	Transfer to the restaurant				
8:30 PM	Welcome Dinner at A Travessa do Fado (Museu do Fado)	8:00 PM	Open dinner at Entrecopos Restaurant		

## Lecturers

### Professor Barbara Kirshenblatt-Gimblett

Barbara Kirshenblatt-Gimblett is Chief Curator of the Core Exhibition at POLIN Museum of the History of Polish Jews and University Professor Emerita and Professor Emerita of Performance Studies at New York University. Her books include *Destination Culture: Tourism, Museums, and Heritage*; *Image before My Eyes: A Photographic History of Jewish Life in Poland, 1864–1939* (with Lucjan Dobroszycki); and *They Called Me Mayer July: Painted Memories of a Jewish Childhood in Poland Before the Holocaust* (with Mayer Kirshenblatt). She received the Officer's Cross of the Order of Merit of the Republic of Poland and was elected to the American Academy of Arts and Sciences. She currently serves on Advisory Boards for Jewish museums in Vienna, Berlin, and Moscow.



#### **“Museums as agents of transformation”**

ICOM's recent call for a redefinition of museums envisions a more explicitly activist role for them. As Tony Bennett and others have argued, museums have always aimed to be agents of transformation; However, the contexts in which they operate have changed, and older museums are being held to account for their earlier civilizing, missionizing, and colonizing roles. Today, many museums, both old and new, are redefining their role in society. Drawing on my experience as Chief Curator of the Core Exhibition at POLIN Museum of the History of Polish Jews, in Warsaw, I will explore the creation and impact of this museum and its core exhibition within a changing political and cultural landscape. I will focus on the curatorial, metahistorical, and narrative principles guiding the multimedia narrative exhibition, a journey of a thousand years, that is at its core.

## Professor Valdimar Hafstein

Valdimar Tr. Hafstein is Professor of Folklore, Ethnology, and Museum Studies at the University of Iceland. Former Chair of Iceland's National Commission for UNESCO and ex-president of the International Society for Ethnology and Folklore (SIEF), he is the author of a number of scholarly articles and books on intangible heritage, cultural property, international heritage politics, folklore, and copyright in traditional knowledge. His latest book is *Making Intangible Heritage: El Condor Pasa and Other Stories from UNESCO* (2018) and his documentary film (co-produced with Áslaug Einarsdóttir) on *The Flight of the Condor. A Letter, a Song and the Story of Intangible Cultural Heritage*, released in 2018, is available in Open Access (<http://flightofthecondorfilm.com/>)



### **“Cultural Heritage vs. Cultural Property: Contrasting Regimes and Rationalities”**

**(co-authored with Martin Skrydstrup)**

The lecture examines the relationship between cultural property and cultural heritage with reference to various case studies from Greece, Morocco, Scotland, USA and Canada, Denmark, Iceland and Greenland. Moving from a legal to an historical definition, it argues that the two concepts represent fundamentally different approaches to subject formation, that they produce distinct bodies of expertise and belong to different rationalities of government in the patrimonial field. Protecting cultural property is a technology of sovereignty and forms part of the order of the modern liberal state. Conversely, safeguarding cultural heritage is a technology of reformation, cultivating responsible subjects and entangling them in networks of expertise and management.

# Speakers

## Professor Chiara Bortolotto

Chiara Bortolotto is a research associate at the Institut interdisciplinaire d'anthropologie du contemporain. Her research focuses on global heritage governance and is based on multiscale and multipositioned ethnography. In 2013-2014 she was a visiting EURIAS fellow at Cambridge University at the Centre for Research in the Arts, Social Sciences and Humanities (CRASSH). From 2010 to 2013 she was a Marie Curie fellow at the Free University of Brussels (Laboratoire d'Anthropologie des Mondes Contemporains Lamc). She has edited *Le patrimoine culturel immatériel: enjeux d'une nouvelle catégorie* (Maison des sciences de l'homme, Paris, 2011) and published several articles on UNESCO Intangible Cultural Heritage policies.



### **“Research and expertise in the era of heritage decolonization: facilitation, advocacy, and agnosticism”**

This session aims at triggering a reflection on the entanglement of fundamental and applied research in the heritage field against the background of a shifting understanding of expertise in current governance models. The rationale of this session builds on the idea that awareness of and reflexivity on the complex positionality of heritage experts and researchers, especially in post-doctoral experiences, benefits heritage work and research in and out academia.

## Professor Paula Mota Santos

Paula Mota Santos, holds a Ph.D. in Anthropology from University College London, UK. She is an Assistant Professor at the Fernando Pessoa University, Porto and Associate Researcher at the Administration and Public Policy Center of the Higher Institute of Social and Political Sciences at the University of Lisbon. Her research focuses mainly on the relationship between space and social identities with a particular focus on urban settings. She has published on heritage, tourism and migrations. She has also developed work on visual representation, namely in museum-like places, having published on anonymous photography and on documentary filmmaking. She made two documentaries.



### **“‘First-places’ - an exercise on the metaphysics of heritage”**

Heritage objects (either material or immaterial) represent something beyond themselves: their existence as heritage is dependent on social agreement (the classification or recognition of something as heritage) and the act of constituting heritage is in itself power laden (heritage as governmentality (Silva and Santos (2012). Although these issues are all present in any heritage subject, they are more so in heritage sites that are ‘first-places’: due to their ‘origin’ quality, ‘first-places’ possess a pull factor that is strongly embedded in the politics of affect and emotion which eighteen the characteristics aforementioned.

‘First-places’ are the physical location from where purportedly a social identity’s origin is taken as having emerged. If the sense of a collective-self qua community can be argued as being [performatively] imagined (Anderson 1983:5) , ‘first-places’ as performatively imagined places assume a highly central position in the symbolic construction of a collective-self. As a result of this highly-charged symbolic power that constitutes them, ‘first-places’ have a strong pull-factor within a visitors’ economy, something often reinforced in present times by ‘first-places’ formal insertion within the globalized symbolic economy of the heritage system. Thus, the co-presence of tourism and heritage is both constitutive and a clear marker of ‘first-places’ in present times, making the analysis of their dynamics a relevant topic in heritage studies.



## Professor Nuno Coelho

Nuno Coelho (1976) is a Communication Designer; an Assistant Professor of DEI-FCTUC – Department of Informatics Engineering of the Faculty of Sciences and Technology of the University of Coimbra, where he teaches on the Undergraduate and Master degree courses in Design and Multimedia; and an Integrated Researcher at the CEIS20 – Centre for 20th Century Interdisciplinary Studies of the University of Coimbra.



He's currently Sub-Director of DEI-FCTUC.

He holds a PhD in Contemporary Art from the College of Arts of the University of Coimbra. He has a Masters in Design and Graphic Production from the Fine Arts School of the University of Barcelona, following completion of his degree course in Communication Design and Graphic Art at the Fine Arts School of the University of Oporto.

As a freelance designer, he has worked for individuals and organisations predominantly in Portugal, as well as in other countries, mainly for culture related clients.

## Professor Esther Breithoff

Esther Breithoff is a UKRI Future Leaders Fellow and Lecturer in Contemporary Archaeology and Heritage at Birkbeck, University of London. She has held postdoctoral research positions at UiT The Arctic University of Norway and University College London. Her research spans the fields of Contemporary Archaeology and Critical Heritage Studies and traces a common set of interests in the relationships between conflicts, resources, recycling and rights across the human/non-human divide in the Anthropocene.



Esther's UKRI Future Leaders Fellowship on "Material Memories" aims to develop a programme of research and leadership activity, subsequently forming the basis for an affiliated programme of research-based teaching, which will foreground the role of archaeology and critical heritage studies in addressing some of the most urgent questions of our time, specifically in relation to state violence, justice and human rights. Her work will focus particularly on South America, where she will work with the Argentine Forensic Anthropology Team [Equipo Argentino de Antropología Forense (EAAF)] (<https://www.eaaf.org/>) to critically investigate the material legacies of dictatorships and their presentation in museums and heritage sites in Paraguay and the larger region. She is also currently developing pilot research on related questions in Laos and Cambodia. Esther is the Review Editor for the Journal of Contemporary Archaeology (<https://journals.equinoxpub.com/index.php/JCA>) and Affiliated Researcher on the AHRC Heritage Futures research programme (<https://heritage-futures.org/>).

# Basic Information

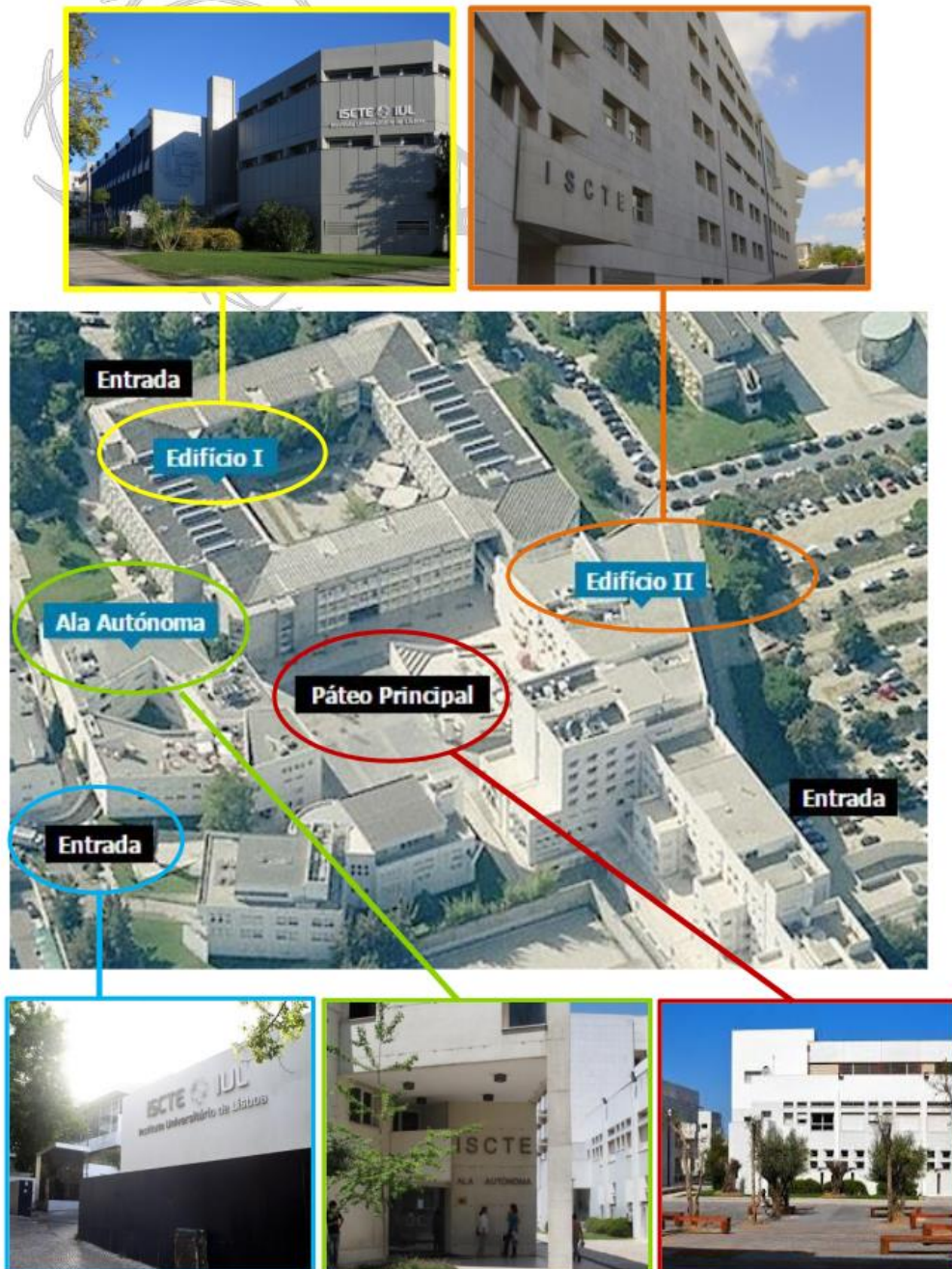
Venue:

The JRS Lisbon is taking place at ISCTE - Lisbon University Institute (ISCTE - Instituto Universitário de Lisboa).

ISCTE - Lisbon University Institute

Address: Av. das Forças Armadas, 1649-026 Lisboa

Metro: Entrecampos



## MAPAS DO ISCTE-IUL | MAPS OF ISCTE-IUL



- 1** ISCTE, Entrada Edifício I  
*ISCTE, Entrance Building I*
- 2** ISCTE, Entrada Ala Autónoma  
*ISCTE, Entrance Autonomous Wing*
- 3** ISCTE, Entrada Edifício II  
*ISCTE, Entrance Building II*
-  Metro (Entrecampos e Cidade Universitária)  
*Metro (Entrecampos and Cidade Universitária)*
-  Autocarro (701, 732, 54, 755)  
*Bus*
-  Comboio CP: Linhas Sintra e Azambuja  
*Train (north)*
-  Comboio SulFertagus  
*Train (south)*
-  Praça de Táxis  
*Point taxis*
-  Hotels



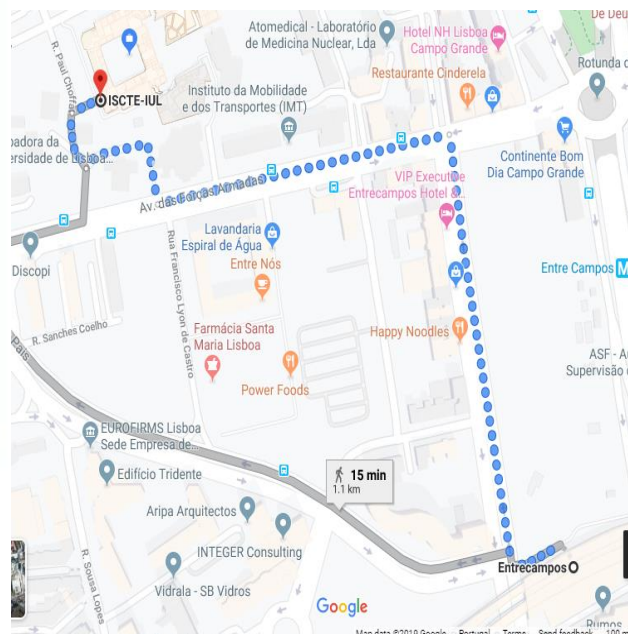


## Lisbon airport to ISCTE:

Also known as Humberto Delgado Airport or Portela Airport, is an international airport located 7 km northeast from the city centre of Lisbon. You can use three options to go to ISCTE:

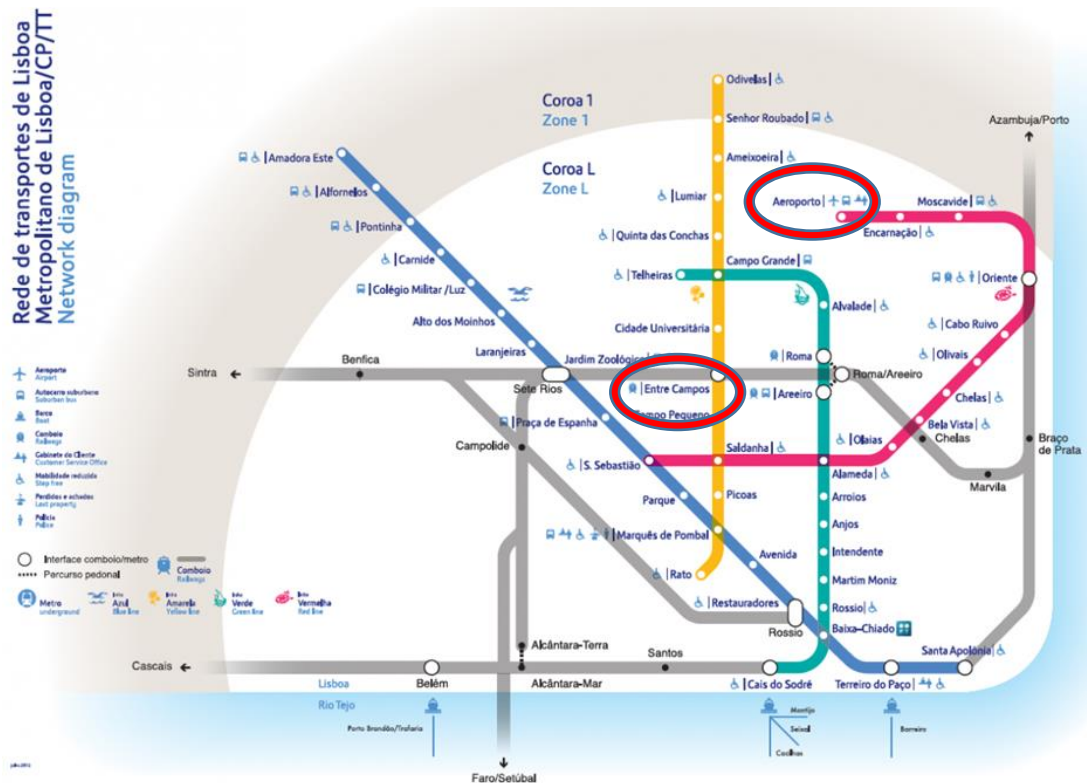
Aerobus: Aerobus: This bus service connects Lisbon Airport with the city centre and the railway stations. It runs year-round every 20 minutes. You have to take the Aerobus number 1, stop at the Entrecampos station and walk 15 min to ISCTE-IUL. <http://www.aerobus.pt>

One-way ticket: €3.60



Metro: For most visitors, the metro provides the best option as it is inexpensive, safe and the stations cover the entire city. Metro services depart every 5-15 minutes and the airport is connected to the Red Line. A single ticket to anywhere in the city costs €1.50 and is charged to the re-useable Viva Viagem card, which costs €0.50 for the initial purchase.

You have to take the red metro line to Saldanha metro station, where you can change to the blue metro line to Entrecampos metro station.



<https://www.metrolisboa.pt/en/>

Taxi: The cost of a taxi from the Airport to ISCTE is around € 10 to € 15

## Dinners:

- Welcome dinner: We invite you to the welcome dinner on Wednesday the 4th of December at A Travessa do Fado (Museu do Fado). Here, you will experience the most traditional Portuguese food and delights, accompanied by Fado songs. We will take a bus together to this restaurant. The meeting point will be at the door of the Auditório B2.03, 2nd floor. Building II (Edifício II)

A Travessa do Fado (Museu do Fado) Restaurant  
Largo do Chafariz de Dentro 2, 1100-345 Lisboa  
Tel. 21 887 0144

- Open dinner: There will be an optional communal dinner on the second day of the JRS (Thursday the 5th of December). It will be at the Entrecopos restaurant. The cost of the meal will be around € 22

Entrecopos Restaurant  
R. de Entrecampos 11, 1000-151 Lisboa  
Phone: 21 796 6638

## **Accommodation:**

Hotels close to the University (around 10 min walk):

- NH hotel. Price: around 78 per night. Link: <https://www.nh-hoteles.pt>
- VIP Executive Entrecampos Hotel & Conference in Lisbon. Price: around 77 per night. Link: <http://www.hotelvipentrecampos.com/vip-executive-entrecampos---hotel-e-conference-lisbon-contacts>
- Le jardin hotel. Price: around 79 per night. Link: <http://le-jardin-lisbon.lisbon-hotel.org/pt/>
- LxRoller Premium Guesthouse. Price: around 59 Euros per night. Link: <https://lxroller-premium-guesthouse.lisbonapartments.org/pt/>

In the historical centre of Lisbon (Around 30/45 min by metro):

Below you can find three suggestions with good ratings and prices:

- Dream Chiado Apartments. Price: around 65 Euros per night. Link: <http://www.dreamchiadoapartments.com/en/hotel-overview.html>
- The 7 Hotel. Price: around 69 euros per night. Link <http://the7hotel.com/>
- Behotelisboa. Price: around 73 per night. Link: <https://www.behotelisboa.com/>

# About Lisbon<sup>1</sup>

Lisbon is a bustling and exciting city, that boasts a wide choice of activities and fascinating tourist attractions. The city has a welcoming and liberal atmosphere, while still embracing its deep-rooted heritage and extensive history. Lisbon extends over seven steep hills; expect a lot of uphill walking! The city will appeal to a diverse selection of ages and tourists; it can form a cultural trip, a nightlife extravaganza, a family holiday, a relaxed city-break or even as a base for a beach holiday.

The Portuguese capital is constantly recognised as one of the greatest cities in the world, a claim confirmed by the "Lonely Planet Guides", who named Lisbon one of the world's top 10 cities.

Surprisingly, Lisbon is still one of Europe's least visited capitals, but this is rapidly changing as new visitors discover the allure of Portugal.



Figure 1 1.Avenida da Liberdade 2.Baixa 3.Cais do Sodré 4.Chiado  
5.Bairro Alto 6.Alfama and Castelo 7.Príncipe Real and Santos  
8.Estrela 9.Graça 10.Mouraria 11. Martim Moniz, Intendente and  
Anjos (green metro region)

If this is your first visit to Lisbon, it is recommended to be based close to the historic centre; this covers the districts of Baixa, Chiado, Bairro Alto, Alfama and the Avenida da Liberdade. These areas are popular with tourists and are within walking distance of the main sights and attractions. Bairro Alto and Cais do Sodre are the nightlife districts and are ideal if you wish to party, or are part of a stag/hen do.

Alfama is an ancient and characterful district, but the narrow steep streets can be very draining in the summer heat. The Mouraria district and the Avenida Almirante Reis provide cheaper options for backpackers and budget travellers, but this area is not a place we would recommend our parents to stay. If you are a business traveller, consider being based in Parque das Nações district, which contains many modern business hotels and is close to the airport.

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<sup>1</sup> The information in this section has consciously been copied and pasted from the following websites:  
<https://lisbonlisboaportugal.com/> and <https://www.visitlisboa.com/en>